

Academic Curriculum Vitae

Name: Dr. Sangita Sinha

Designation: Assistant Professor

Date of joining in college: 6th July, 2017

Department: Psychology

Area of Specialization: Developmental Psychology and Personality Theories



Academic Qualification:

Degree	Specialization	Institute/College/ Department	University
Ph.D.	Emotional Intelligence.	Dept. of Psychology	Magadh University, BodhGaya
M.A.	Psychology	Dept. of Psychology	Patna University
B.A.	Psychology (Hons)	Ramesh Jha Mahila College, Saharsa	L.N.M.U., Darbhanga
Diploma	Advanced PGDiploma, Computer and Information Management	Patna (west) centre	UPTRON, Lucknow

**NET/SET/GATE Passing Year and University Name: BET (NET), 1996,
B.S.U.S.Commission, Patna**

Ph.D. Students guidance: (in Number)

Teaching Experience: (in Year) 4 years

Administrative Experience: HOD, Dept. of Psychology, (since July 2019)

Received Awards:

- National merit scholarship, 1984
- Gold medal (1st class 1st, B.A.)

Research Grants-

List of Research Papers in the Journals notified on UGC website/another recognized agency-

- An Investigation into Some Psychological Traits among HIV Infected Person, 2018. *Anthropological and Behavioral Sciences, 105th Indian Science Congress (Communicated) (ISC-L-A/F).*
- Comparison of Emotional Intelligence amongst School Students in Context of Cognitive Style, Anxiety and Conservatism. *Social Research Journal*, Vol.-10, No. 2, Jul-Dec, 2017, pp. 141-146, ISSN 0975-0274.
- Emotional Intelligence between Advantaged and Disadvantaged Children in context of their Adjustment, Self-concept and Ego-strength. *Social Research Journal*, Vol.-10, No. 1, Jan-June, 2017, pp. 138-144, ISSN 0975-0274.
- Adjustment, locus of control and anxiety as predictor of mental health. *Perspectives in Psychological Researches*, Vol.-36, No. 1 &2, 2013, pp. 95-97 ISSN 0971-1562)
- Cultural Affiliation, Desire for Social Freedom, Adjustment and Domestic Violence Amongst Working Women. *Perspectives in Psychological Researches*, Vol.-35, No. 1 &2, 2012, pp. 49-51, ISSN 0971-1562.
- A Study of Mental Health In Context With Self-Disclosure & Ego-Strength Among Working & Non-Working Women. *Social Research Journal*, Vol.-3, No. 1, Jan-June, 2010, pp. 59-62, ISSN 0975-0274.

- Effect of HIV on Personality Characteristics. *Gujarat Journal of Psychology & Education*, Vol.No.-1, Jan-March 2009, pp.59-62
- A Study of Cognitive Style, Adjustment and Dependence Proneness Of Mentally Retarded Children. *Anusandhan*, Vol.-X, No. 17, Dec. 2008, pp. 41-44, ISSN 0973-0923.
- Reminiscence in Relation to need Structure and Adjustment. *Perspectives in Psychological Researches*, Vol.-31, No. 2,2008, pp.103-106, ISSN 0978-1562.

List of Books And Chapters in Edited Volumes / Books Published-Nil

List of Papers Presented in National/International Conference-Proceedings-

- Presented a paper titled “**Community, Sex and Inhabitation Influencing Emotional Intelligence.**” Thrust Area – Natural Disaster and Mental Health: A Psychological Perspective, International Seminar , University Department of Psychology , B.N. Mandal University , Madhepura, Bihar, India , 2019.
- **Resource Person**, One Week Workshop on “**Education as a Tool of Personality Development**”, Rajendra Mishra College, Saharsa, August 2018

Details of Professional Development Training, viz., Orientation Program, Refresher Course, Short Term Course, Faculty Development Programs-

- Refresher Course on “Pedagogical Techniques and Research Methodology Physical, Biological, Social Sciences and Languages”, Faculty Development Centre, Hemvati Nandan Bahuguna Garhwal University, Uttarakhand, India, 12/03/2021-25/03/2021
- FDP on “ICT Based Teaching and Learning Process”, Roorkee College of Polytechnic, Roorkee, 01/07/2020-05/07/2020
- FDP on Libre office Suite Calc, organized by Department of English, G.M.R.D. College, Mohanpur (Samastipur) in association with IIT-Bombay, 13/05/2020-18/05/2020
- 80th Orientation Programme, UGC, HRDC, Patna University, Patna, 06/09/2018 – 03/10/2018

Details of the Life Membership Academic Societies, Editorial Board, if any others by the faculty member

- Bihar Psychological Association, Patna University, Since 2013.

Seminars Attended-

- Online Seminar on Unlocking the Mental Lockdown, 4th August, 2020, Organized by: Dept. of Psychology and IQAC, College of Commerce, Arts and Science, Patna
- National Seminar on Violence against Women and Children with Disabilities, 20- 21st February, 2018, Organised by: Dept. of Psychology, MBS P.G. College, Gangapur, Varanasi, Sponsored by: Indian Council of Social Science Research, New Delhi
- International Conference of Indian Psychological Association on Measurement and Evaluation in Psychology and Education, 29-31st March, 2014, Organised by: Dept. of Psychology, Magadh University, Bodh Gaya, Sponsored by: UGC
- National Conference of Indian Psychological Association on Psychological Well-Being, Date: 25-26th November, 2013, Organised by: Dept. of Psychology, Tilka Manjhi Bhagalpur University, Bhagalpur
- National Seminar on Live-in-Relationship in the Indian Context: Social, Ethical and Legal Perspectives, 24th, 25th April, 2013, Organized by: T.P.S. College, Patna, Sponsored by: UGC
- National Seminar on Takneekee Sabhyata Ki Trasadee evam Gandhivaadi Drishti, 29th February & 1st March, 2012, Organised by: Sri Arvind Mahila College, Patna, Sponsored by: UGC
- National Seminar on Recent Trends in Applied Psychology, 23- 24th January, 2010, Organized by: Centre of Psychology, College of Commerce, Patna.

Declaration

I hereby declare that all information furnished by me in this application is true to the best of my knowledge and belief.

Place- Saharsa

Dr. Sangita Sinha

Date- 14/06/2021

Signature